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Alabama Technical Institute and College for Women Bulletin

SPECIAL FEATURES:

ART
MUSIC
HOME ECONOMICS
BOOKKEEPING
STENOGRAPHY
PHYSICAL TRAINING

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SPECIAL FEATURES

NAME OF COLLEGE CHANGED

The Legislature has changed the name of this college to the Alabama Technical Institute and College for Women.

The name, though long, clearly indicates the purpose of the institution that was intended from its beginning,—to offer to the young women of Alabama a thorough cultural and practical education that they may be fitted for the duties of cultured womanhood in the home and in society, and, at the same time, that they may become self supporting. To this end, strong courses are offered in all of the usual college subjects as English, History, Mathematics, Latin, French, Spanish, Psychology, Sociology, Physics, Chemistry, etc. These subjects have been standardized for centuries, and probably no institution can lay claim to superiority. There are, however, certain special features that are offered here in a superior way, and, when presented in such a manner, are necessary for the highest culture among women. That parents may be informed about these special features, this bulletin is issued. There is a great demand everywhere for teachers of these subjects, and the Alabama Technical Institute and College for Women prepares its pupils to meet these demands.

A brief statement follows concerning these subjects.

Bloch Hall, the new Home Economics Building.

I. HOME ECONOMICS.

The Home Economics department offers courses which are of interest to every girl and woman in the state. Plans are being made for a four year college course in Vocational Home Economics leading to a degree, beginning in 1920. At present, only three years' work is being given. In this course, the girl becomes familiar with the various phases of home life, such as the selection, preparation, and service of food, the making and remaking of clothing, the care of the sick and of children, and the management of the operations and finances of the home as well as the related sciences and arts which enable her to understand and appreciate the principles and laws underlying these subjects. This course trains women for teaching Home Economics in the schools of the state, for which there is now a great demand.

A second course open to students desiring training in the useful and practical arts and sciences is designed for girls who wish to know the subject from the home-maker's and not the teacher's point of view. This course has fewer requirements in other lines, and is intended for those who do not wish to teach.

We feel that every girl should, and almost every girl desires to, have some knowledge of the food and clothing for which she spends her money whether she may plan to teach kindergarten or high school Latin, so courses in the Home Economics department may be chosen by students in other college courses.

The Home Economics department has Bloch Hall as its home, and the illustration shown elsewhere in this bulletin is inadequate in representing the splendid appearance of this structure. In the basement is to be found a well equipped laundry laboratory with stationary tubs, wringers, ironing boards and irons where the girls learn to clean various materials, as well as the chemical laboratory in connection with it where stains of different kinds are removed.

On the first floor of Bloch Hall are located three sewing laboratories, well supplied with cutting space, machines, fitting rooms, and locker space. On this floor is located the house-planning and textile study room with splendid exhibits and laboratory facilities. Here also is to be found the weaving room with ten looms of different makes, enabling the students to weave rugs of materials found in most homes.

On the second floor of Bloch Hall are three cooking laboratories with the best equipment to be found in the southern states. Gas, kerosene, and coal are all available as fuels. An attractive dining room furnishes a place for serving meals not only in courses but in good "family style."

In the Practice Home the senior students are able to cope with some of the real problems of housekeeping, to study ways of making the problems of house work more simple, and to get, in a measure, the "home" view-point.

The work in Home Economics is well rounded with strong courses in the allied subjects, Chemistry, Physics, Bacteriology, Biology, Plant Culture, Physiology, Art, English, History, and Modern Languages, thus giving to young women the highest cultural and practical education for any sphere of life she may choose to enter.

2. ART.

Three large, well-arranged rooms on the north end of the top floor of Bloch Hall are used for teaching this subject. There is also a fourth room for Art exhibits.

At the beginning of the present session, special equipment was bought for these rooms. Additional equipment will be supplied before the next session.

Courses in high school and college Art are offered—1st, for those pupils wishing to major in Art; 2nd, for pupils taking general or Vocational Home Economics and Home

Economics Teacher Training; this course is designed for the praltical affairs of home life and for teaching in the public schools; 3rd, for pupils majoring in Music.

In each course, the aim is the development of technical skill, the correlation of Art with other courses and with different occupations, the development of originality, and the appreciation of beauty.

The elements of Art (line, dark and light and color) are used, and the principles of design are taught in flower painting, objects, the human figure, animals, free-hand perspective, landscape, design, illustration, and costume.

Designs are applied in paper folding and cutting, pottery, stenciling, wood block printing, and simple wood work.

Wood work is limited to problems that can be executed with saws, hammers, knives, and sand paper.

In all Art work, the pupil is led from very simple efforts through the more difficult parts of the course, gradually developing her appreciation of fine line, dark and light and color harmony by the criticizing of her own work and by the study of good examples.

Two exhibits of the Art work done in the college (one for the Home Economics Conference, and the other for Commencement) are prepared and an exhibition from Art schools of the North or from city exhibitions is secured.

Thus the pupils are given opportunities for development in the application of the principles of design to, and in the use of, their knowledge of color harmony in the execution and criticism of their own work. Their appreciation is strengthened by constant study of fine examples of Art work.

New Music Hall.

3. MUSIC.

The new Music Hall is pronounced by every one who has seen it as the best arranged building in the whole country for the teaching of music. With new pianos in every practice room, the finest material equipment is here supplied for music study. Music has been taught for ages, and yet little or nothing has ever been done towards standardizing the subject with other branches. More money is spent on music courses than on any others, showing that our people want and must have the subject taught. It should be presented in such a way as to correlate with other high school and college subjects. This college has been stressing this feature for some years, but as there was no standardization anywhere, difficulty was found in crediting students coming here, or in securing proper credits for them in going to other institutions. Three years ago, the Progressive Series of Lessons, of the Art Publication Society of St. Louis, were agreed upon, but the Director of Music, on account of war activities, was forced to take a leave of absence. The introduction of this Series was postponed until September, 1919. In order that that course may be clearly explained, a note was addressed to Director Calkins asking for information concerning it. His reply is here given:

"To the President Alabama Technical Institute and College for Women.

"Dear Sir:

"In answer to your request for information concerning the Progressive Series of Piano Lessons, published by the Art Publication Society of St. Louis, Mo., permit me to make the following statement:

"The Progressive Lessons form a course of instruction in the theory of music and in piano playing that fills a long felt need.

"The fact is, music instruction never has been before presented in a manner wholly acceptable to educators and the American public. Such instruction must not only be thoro and comprehensive, but at the same time must be

systematized in such a way as to make standardization possible in the inter-relation of schools with each other and with private teachers. With the general adoption of such a course it will be possible to make definite requirements of music students and when these are met, to give recognized credit points for such study. This places music on the same basis as any other study: a position it would have been accorded before if such a standardization had been possible.

"In order that this instruction may be of a high order and in the hands of competent instructors, all teachers who teach the Progressive Lessons are required to pass written examinations submitted to a board of examiners in St. Louis and a practical playing examination before some recognized examiner. To pass these examinations a percentage of 90 per cent. is required in both the normal work for teachers and in the regular work for students.

"This course is edited by some of the foremost musicians of the country. Leopold Godowsky is Editor-in-Chief, a musician who not only ranks among the world's greatest players but is generally recognized as being the greatest living teacher of the piano.

"It is not surprising, therefore, that with the supervision of such masters, this course of study presents not only the fundamental principles of music in a clear and logical way, but deals with the subtle intricacies of the art in such masterly fashion that we can grant it a foremost place in all the systems of music instruction yet presented to the public.

"It being our earnest desire to have the highest ideals for our standard and to work co-operatively with other institutions and with private teachers for the highest well-being of our students; I take this opportunity to express to you my pleasure of your approval of our adoption of this course of music study.

"Respectfully Submitted,
"CHARLES RENDELL CALKINS,
"Director of Music."

During the session a conference of the music teachers of the state will be held at the college, and it is hoped that, as a result of the deliberations, plans for the improvement of the teaching of music throughout the state may be adopted.

4. PHYSICAL EDUCATION DEPARTMENT.

This department, which is in charge of two trained instructors who have the close co-operation and advice of the resident physician, offers excellent opportunity for "harmonious development of the body under perfect control of the will".

The gymnasium building comprises a large, well-ventilated main exercise room, well equipped with light and heavy apparatus suitable for the use of women. Adjoining this room is the dressing room supplied with lockers and running water. This building also contains a lecture room which is used by classes in Play Supervision and Hygiene.

Opportunity for outdoor exercise is provided by six tennis and basket ball courts, a baseball diamond and a swimming pool. The swimming pool is sixty-five feet long by twenty-five feet wide, has an average depth of five feet, and is supplied with dressing rooms and baths. It was built with money raised by the students and presented to the college. The pool is a constant source of fun and healthful exercise.

Regular gymnasium work is required of all students. This work, which is done out of doors whenever the weather permits, consists of corrective exercise, free standing drill, light and heavy apparatus work, folk and aesthetic dancing, gymnastic games, and swimming. In addition to the prescribed courses, all students are encouraged to take part in carefully supervised athletic games and sports. Opportunity is given every student to play captain ball, volley ball, basket ball, baseball or tennis.

At the beginning of the school year, each student is given a thorough physical examination, which reveals de-

fects that may be remedied by gymnastic and hygienic treatment. For those who need it, special corrective exercise is prescribed.

This college is the only school or college in the state offering a course in Play Supervision. This course includes a study of the psychology of play, physiology and hygiene of exercise, the practical conduct of play and a course of plays and games suitable for use on the school or community playground. By such a course of study young women are well prepared for teaching Physical Culture in the grades or high schools.

A skilled resident physician and trained nurse are employed not only for caring for the sick, but also to cooperate with all departments to the end that the most thorough physical development of every student may be obtained. There are very few institutions anywhere that offer such advantages in the physical training of every pupil.

5. COMMERCIAL DEPARTMENT.

"Success comes through ability and opportunity. Both of these come through entering a good school and making the best of the advantages it affords."

The Commercial Department gives to the students that knowledge of business forms and papers which every woman should possess, and prepares the students who wish to enter the business world to hold positions as stenographers, secretaries and bookkeepers.

6. SUMMER SCHOOL.

The catalog is now being prepared for the next "Montevallo" Summer School, which will open on June 1, 1920. More courses will be offered than ever before.

For summer and regular session catalogs write to

President T. W. Palmer,
Montevallo, Alabama.